Frontrun 2024 Paarlauf

Paarlauf 5 km

Platz	Name	Vorname	Start-Nr.	Partner:in	Zeit
1	Wettich	Julia	19	Carsten Wettich	00:24:12
1	Wettich	Carsten	19	Julia Wettich	00:24:12
2	Scheferhoff	Georg	18	Andreas Wolter	00:27:07
2	Wolter	Andreas	18	Georg Scheferhoff	00:27:07
3	Häbel	Claudius	14	Otto Hannes	00:28:46
3	Hannes	Otto	14	Claudius Häbel	00:28:46
4	Gelhaar	Ina	13	Daniel Schütte	00:29:00
4	Schütte	Daniel	13	Ina Gelhaar	00:29:00
5	Maqua	Arne	15	Kaija Zindel	00:29:37
5	Zindel	Kaija	15	Arne Maqua	00:29:37
6	Biermann	Laura	10	Mila Jesse	00:33:07
6	Jesse	Mila	10	Laura Biermann	00:33:07
7	Durben	Peter	12	Wesley Petermann	00:33:10
7	Petermann	Wesley	12	Peter Durben	00:33:10
8	Mohr	Fabian	17	Felicitas Neise	00:35:11
8	Neise	Felicitas	17	Fabian Mohr	00:35:11
9	Wettich	Jonathan	1	Lotta Wettich	00:36:22
9	Wettich	Lotta	1	Jonathan Wettich	00:36:22
10	Mirie	Mary Njoki	16	Andrea Rossbach	00:39:24
10	Rossbach	Andrea	16	Mary Njoki Mirie	00:39:24
11	Agrawal	Swati	5	Christoph Schilling	00:42:12
11	Schilling	Christoph	5	Swati Agrawal	00:42:12
12	Chang	You-Jin	11	Arzu Uyan	00:43:38
12	Uyan	Arzu	11	You-Jin Chang	00:43:38

Frontrun 2024 AllGender 5 km

Platz	Name	Vorname	Start-Nr.	Zeit
1	Michel	Kathrin	86	00:29:14
2	Hufschmidt	Annika	82	00:38:41

Frontrun 2024 Frauen 5 km

Platz	Name	Vorname	Start-Nr.	Zeit
1	Köhrich	Marie	83	00:23:58
2	Minkenberg	Jannina	87	00:26:45
3	Wentzel	Emma	268	00:27:54
4	Hertwig	Christiane	79	00:27:55
5	Witschaß	Eleonore	116	00:32:42
6	Ramirez	Mariam	95	00:32:52
7	Wiemer	Tina	431	00:33:24
8	Schultz	Birgit	430	00:33:57
9	Niederwipper	Sigrid	89	00:33:59
10	Niederwipper	Anja	88	00:35:25
11	Beirau	Annie	65	00:38:41
12	Horst	Tanja	80	00:39:16
13	Risse	Julia	432	00:39:36
14	Heinz	Iris	77	00:42:00
15	Rohrmoser	Eva-Maria	97	00:44:04
16	Helmgens	Marion	78	00:47:59

Frontrun 2024

Männer 5 km

Platz	Name	Vorname	Start-Nr.	Zeit
1	Matuschek	Darius	436	00:19:57
2	Edeler	Christoph	150	00:20:17
3	Stalph	Daniel	98	00:21:48
4	Lörcks	Stefan	85	00:26:04
5	Behrendt	Jörg	63	00:26:19
6	Teegen	Björn	99	00:28:40
7	Aßmann	Roland	60	00:28:47
8	Lesting	Simon	437	00:29:11
9	Garmpis	Dionysios	69	00:29:13
10	Potthoff	Hendrik	94	00:29:13
11	Balzer	Sven	130	00:31:24
12	Norenkemper	Sven	91	00:31:31
13	Knappp	Matthias	169	00:32:15
14	Unverfehrt	Steffen	113	00:33:20
15	Baltsch	Rolf	439	00:34:11
16	GIldehaus	Heinrich	74	00:38:51

Frontrun 2024 AllGender 10 km

Platz	Name	Vorname	Start-Nr.	Zeit
1	Seifert	Olli	196	01:00:56
2	Gutzweiler	Franziska	158	01:07:58

Frontrun 2024

Frauen 10 km

Platz	Name	Vorname	Start-Nr.	Zeit
1	Voigt	Miriam	200	00:44:56
2	Decker	Manuela	144	00:49:40
3	Boutov	Sofie	141	00:51:33
4	Schäfer	Sophie	191	00:53:02
5	Goebels	Simone	122	00:53:17
6	Leopold	Nele	172	00:54:19
7	Marek	Malti	435	00:55:36
8	Port	Marion	188	00:55:51
9	Biskup	Lilith	139	00:56:29
10	Reiferth	Sandy	96	00:57:43
11	Nagy	Kinga	182	00:58:25
12	Ahrends	Jeenke	120	00:58:27
13	Scheuren	Petra	433	00:59:58
14	Grimmer	Molina	75	01:00:34
15	Jakob	Maria	162	01:00:34
16	Aicher	Mona	56	01:00:57
17	Frank	Meike	153	01:03:24
18	Darici	Pinar	143	01:04:52
19	Saftig	Greta	190	01:04:57
20	Steiner	Kathrien	199	01:05:30
21	Nieke	Erdmute	184	01:06:21

Frontrun 2024

Männer 10 km

Platz	Name	Vorname	Start-Nr.	Zeit
1	Kretz	Simon	170	00:38:55
2	Guss	Tobias	157	00:40:46
3	Lüttmann	Christian	174	00:40:57
4	Gliedstein	Christian	156	00:41:57
5	Pollmann	Mattes	186	00:43:03
6	Seel	Chris	195	00:43:59
7	prang	kees jan	189	00:44:05
8	Zimmermann	Marcel	283	00:44:05
9	Parusel	Stefan	438	00:44:11
10	Marenbach	Björn	177	00:45:12
11	Fecke	Michael	152	00:45:13
12	Voigt	Jim	265	00:45:42
13	Gil Kamphausen	Alessandro	155	00:46:46
14	Schäfer	Gabriel	192	00:46:48
15	Schaffer	Oliver	193	00:47:02
16	Manet	Viveko	176	00:47:11
17	Mandler	Heiko	175	00:47:28
18	Pollmann	Gianluca	187	00:47:35
19	Dold	Adrian	148	00:47:36
20	Stepanek	Jan	428	00:47:51
21	Krug	Moritz	171	00:48:10
22	Klüppelberg	Pablo	168	00:48:38
23	Mohr	Jasper	180	00:49:44
24	Dodge	Tuan	147	00:50:28
25	Kilian	Dominik	166	00:51:18
26	Wilger	Jonas	272	00:53:00
27	Lotzen	Michael	173	00:53:03
28	Böing	Matthias	140	00:53:36
29	Schütz	Mika	427	00:54:19
30	Kahsnitz	Stephan	163	00:55:36
31	Basner	Dominik	138	00:55:37
32	Ferreira	Tony	434	00:57:26
33	Cummings	Jim	142	00:57:29
34	Kamp	Niklas	164	00:58:05
35	Diederichs	Michell	146	00:59:29
36	Zech	Thilo	277	01:00:21
37	Stark	Dimitrij	198	01:00:34
38	Heinke	Roland	159	01:01:59
39	Evangelinos	Konstantin	151	01:05:36
40	Hoffmann	Matthias	161	01:07:06
41	Menzel	Wolfgang	179	01:19:04